



Prof. Mahdi Saeed Abu Madini
(MMBBS, DPM, B.C.Psych)
Professor
Consultant Psychiatrist



Nationality : Saudi
Date of Birth : 19/12/1960
Department : Psychiatry
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[Publons](#)



[Google Scholar](#)



[Orcid](#)

R.ID: J-4793-2015 Scopus ID: 6506835649

Language Proficiency : Arabic, English; Speak ✓ Write ✓ Read ✓

Academic Qualifications

1. Board Certification in Psychiatry (B.C.psych). 1994
The Institute of Psychiatry, University of London, and The Maudsley Hospital
De Crespigny Park, Denmark Hill, London SE5 8AF
2. Diploma of Psychological Medicine (DPM). 1994
Royal College of Surgeons in Ireland Medical School
123, St. Stephen's Green, Dublin 2, Ireland
3. Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.). 1986
King Faisal University
P.O. Box 2114, Dammam 31451, Kingdom of Saudi Arabia

Professional Record

Date	Place and Address of Work	Rank
Jan 2020 to Present	College of Medicine, Imam Abdulrahman Bin Faisal University, KSA Department of Psychiatry	Professor
July 2004 to Dec 2019	College of Medicine, Imam Abdulrahman Bin Faisal University, KSA Department of Psychiatry	Associate Professor
Feb 1995 - June 2004	College of Medicine, Imam Abdulrahman Bin Faisal University, KSA Department of Psychiatry	Assistant Professor



Clinical Positions

Position	Place	Date
Consultant Psychiatrist	Department of Psychiatry, King Fahd Hospital of the University, Al-Khobar, Saudi Arabia	April 1997 – Present
Senior Registrar	Department of Psychiatry, King Fahd Hospital of the University, Al-Khobar, Saudi Arabia	Jan 1995 - Mar 1997
Registrar	Rochford Hospital, <i>Psychotherapy & Child Psychiatry</i>	Jan 1994 - Dec 1994
Registrar	South Ockendon Hospital (Hospital does not exist now, closed March 1994) <i>Learning Disability (Mental Handicap)</i>	Aug 1993 - Jan 1994
Registrar	Runwell Hospital, The Chase Wickford, Essex SS11 7 QE, <i>Forensic Psychiatry and Psychiatric Intensive Care Unit</i>	Feb 1993 - July 1993
Senior House Officer	Rochford Hospital, Dalys Road, Rochford, Essex SS4 1 RA, <i>Acute Adult Psychiatry (Day Hospital and Out-Patient Services)</i>	Aug 1992 - Jan 1993
Senior House Officer	Basildon Hospital, Nethermayne Basildon, Essex, <i>Acute Adult Psychiatry (Admission Ward)</i>	Feb 1992 - July 1992
Senior House Officer	Runwell Hospital, The Chase Wickford, Essex SS11 7 QE, <i>Acute Adult Psychiatry (Admission Ward)</i> <i>General Adult Psychiatry (Long Stay Ward)</i>	Aug 1991 - Jan 1992
Clinical Associate (Honorary Registrar)	The Maudsley Hospital, Denmark Hill, London SE5 8 AZ, <i>Acute Adult Psychiatry, Community & Rehab Psychiatry and Emergency Clinic</i>	Jan 1990 - July 1991
Registrar	Department of Psychiatry, King Fahd Hospital of the University, Al-Khobar, Saudi Arabia	April 1987 - Dec 1989
House Officer (Internship)	Department of Psychiatry, King Fahd Hospital of the University, Al-Khobar, Saudi Arabia	April 1986 - March 1987



Scientific Achievements



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R.ID: J-4793-2015 Scopus ID: 6506835649

Published Refereed Scientific Research

1	<p>Suicidal ideation among medical students in Dammam, Saudi Arabia: A cross-sectional study. M Madadin, RG Menezes, MA Alassaf, AM Almulhim, MS Abumadini, ... Crisis: The Journal of Crisis Intervention and Suicide Prevention 42(4), 278–283.</p>
2	<p>A retrospective study on therapeutic drug monitoring of mood stabilizers in real-life clinical scenario H Abu-Qurain, F Almashhad, JM Lucca, MS Abumadini Journal of Pharmacy & Bioallied Sciences 2020 Jul-Sep;12 (3), 351-355</p>
3	<p>Utilization pattern and cost of therapeutic monitoring of mood stabilizer in Saudi Arabia. JM Lucca, H Abu-Qurain, F Almashhad, M Abumadini ISPOR Europe 2019</p>
4	<p>Outstanding medical students' quality of life: A complexity and disparity based on gender and social status in Saudi Arabia Haydoob WM, AIDakheel SS, Abumadini MS, Akkurt MN, Eltigani MS International Journal of Eurasia Social Sciences 2019; 10(37): 809-19.</p>
5	<p>Mental health research in the Kingdom of Saudi Arabia: A review of trend and visibility over four decades MS Abumadini Journal of Family & Community Medicine 2019 Sep-Dec; 26 (3), 163-7</p>
6	<p>Sociodemographic characteristics of adult Saudi patients with mood disorder subtypes MS Abumadini Saudi Journal of Medicine & Medical Sciences 2019 Sep-Dec;7 (3), 169 –174.</p>
7	<p>Effect of leadership support, work conditions and job security on job satisfaction in a medical college RH Bakr, MS Mu'taman Khalil Jarrar, AIAS, Abumadini, EB Larbi Saudi Journal of Medicine & Medical Sciences 2019 May-Aug;7 (2), 100-105</p>
8	<p>Epigenetic transmission of maternal behavior: Impact on the neurobiological system of healthy mothers A Elmadih, M Abumadini Saudi journal of medicine & medical sciences 2019 Jan-Apr;7 (1), 3-8</p>
9	<p>Country-of-Origin Effect and Consumers' Buying Behavior-A Comparative Analysis M Makhdoomi, MS Abumadini, SAB MT Khan International Journal of Creative Research Thoughts 6 (2), 250-257 Volume 6, Issue 2 April 2018</p>
10	<p>Comparative Study to Determine the Occupational Stress Level and Professional Burnout in Special School Teachers Working in Private and Government Schools SMA Vallaba Doss CA, Rachel JJ, Jarrar M, Abumadini MS Global Journal of Health Science 2018, 10 (3). 42-53</p>
11	<p>The function of patient-centered care in mitigating the effect of nursing shortage on the outcomes of care M Jarrar, HA Rahman, MS Minai, MS AbuMadini, M Larbi The International journal of health planning and management 33 (2), e464-e473 2018;1–10.</p>



12	<p>Low Bone Mass Secondary to Antipsychotic Medications Al-Omar AS, A MS, Sadat-Ali S, A MH, S WK Saudi Journal of Medicine & Medical Sciences, 2016, 4 (3), 202-205</p>
13	<p>Nursing duty hours' length and the perceived outcomes of care HAR Mu'taman Jarrar, AM Sebiany, MS AbuMadini Global Journal of Health Science 2018, 10 (4) 1-6</p>
14	<p>Proceedings of the 4th International Conference on Child & Family Behavioral Health-2016 AAY Almai A, Abumadini MS International Journal of Emergency Mental Health and Human Resilience, 2016, vol 18(2), pp.742</p>
15	<p>Teaching professionalism by vignettes in psychiatry for nursing students HA Al-Eraky MM , Neama Kamel MF, Al-Qahtani A, AbuMadini MS Egyptian Journal of Health Care, 2016, Vol.7 No.1, 136-148</p>
16	<p>A primary mental health programme in Eastern Province, Saudi Arabia, 2003-2013. Abdullah Dukhail Al-Khathami, Latifa Saleh Al-Harbi, Saleh Mohammed AlSalehi, Khalid AbduRahman Al-Turki, Mohammed Ali AlZahrani, Nawaf Abdullah Alotaibi, Mahdi S Abumadini Mental Health in Family Medicine 10 (4) e 2013; 10: 203–10.</p>
17	<p>Traditional mental health training's effect on primary care physicians in Saudi Arabia AD Al-Khathami, AM Mangoud, IA Rahim, MS AbuMadini Mental health in family medicine 8 (1), 3 2011;8:3–5</p>
18	<p>Academic job satisfaction questionnaire: Construction and validation in Saudi Arabia AM Al-Rubaish, SIA Rahim, MS Abumadini, L Wosornu Journal of Family and Community Medicine 2011 Jan-Apr; 18 (1), 1–7.</p>
19	<p>Job satisfaction among the academic staff of a Saudi university: an evaluative study AM Al-Rubaish, SIA Rahim, MS Abumadini, L Wosornu Journal of family & community medicine 2009 Sep-Dec; 16 (3), 97 16(3): 97-103</p>
20	<p>Two decades of treatment seeking for substance use disorders in Saudi Arabia: Trends and patterns in a rehabilitation facility in Dammam MS AbuMadini, SIA Rahim, MA Al-Zahrani, AO Al-Johi Drug and alcohol dependence 2008, 97 (3), 231-236</p>
21	<p>Frequency of dissociative disorder among psychiatric outpatients in Saudi Arabia: A replication study HBA Hafeiz, MS Abumadini Qatar Medical Journal 2008 17 (1), 7-9</p>
22	<p>An integrated approach to a psychiatric perspective: A bio-psycho-social model MS Abumadini Journal of family & community medicine 15 (1), 1</p>
23	<p>Effect of mental health training program on primary care physicians' skills, Eastern Province, Saudi Arabia A Al-Khathami, SIA Rahim, AM Mangoud, MS AbuMadini Middle East Journal of Family Medicine, June-July 2007, 5 (4), 22-24</p>
24	<p>Long-term Outcome of Treated Addiction in Saudi Arabia: Predictors of Relapse in 10-year Follow-up. SIA Rahim, MS Abumadini, MS Khalil, T Musa Arab Journal of Psychiatry, 16(2), 83–97.</p>
25	<p>CAN A SHORT-TERM TRAINING COURSE IMPROVE THE PRIMARY-CARE PHYSICIANS' ATTITUDES TOWARD MENTAL HEALTH PROBLEMS? AD Al-Khathami, ARI Sheikh, AM Mangoud, MS Abumadini, MH Main Journal of family & community medicine, 2003 Sep-Dec; 10 (3), 19-24</p>
26	<p>Obstructive sleep apnea syndrome among a snoring community. Abdullah M Al-Rubaish, Abdullah M Mangoud, Mahdi S Abumadini, Ahmed A Bahnassy, Fahd A Al-Muhanna, Abdulaziz A Al-Nwasser Saudi medical journal, 2008, 24 (8), 854-858</p>



27	<p>Comparative evaluation of multiple-choice question formats. Introducing a knowledge score SI Rahim, MS Abumadini Neurosciences, 2003; 8 (3), 156-160</p>
28	<p>Acute and Transient Psychotic Disorders: Demographic and clinical attribute MS ABUMADINI The Arab Journal of Psychiatry, 2003 14 (1), 19-28</p>
29	<p>Depressive disorders in psychiatric outpatient clinic attendees in eastern Saudi Arabia MS Abumadini Journal of family & community medicine, 2003, 10 (2), 43-47</p>
30	<p>Newly diagnosed seizures in adults Hassan M Ismail, Abdulsalam A Al-Sulaiman, Alaeddin A Abolenin, Shoa'a Al-Shammary, Fahd Al-Khamis, Khalid Al-Qulaiti, Mahdi S Abumadini Neurosciences, 2003, 8 (2), 104-106</p>
31	<p>Could a Brief Mental health training Improve Primary Care Physician's Skills? MMH Al-Khatami AD, Abdelrahim SI, Mangoud AM, Abumadini MS Neurosciences Journal 15 March, 2003; 8 (1), 26-29</p>
32	<p>Cerebral palsy in Saudi children Abdulsalam A Al-Sulaiman, Olajide F Bademosi, Hassan M Ismail, Khalid W Al-Quliti, Shoa'a F Al-Shammary, Mahdi S Abumadini, Khalid U Al-Umran, Gadi M Magbool Neurosciences, 2003; 8 (1), 26-29</p>
33	<p>Mental health training in primary care. Impact on Physician's Knowledge AD Al-Khathami, AM Mangoud, SI Rahim, MS Abumadini Impact on physician's knowledge. Neurosciences, 2003; (Riyadh) 8(3), 184-187</p>
34	<p>Research and research activities in a University in Eastern Saudi Arabia YM Al-Gindan, AA Al-Sulaiman, FA Al-Muhanna, MS Abumadini Saudi medical journal , 2002; 23 (11), 1324-1326</p>
35	<p>Life events stress in ulcerative colitis: A case-control study MS Abumadini, HB Hafeiz, A.Al-Quorain, MI Yasawy, AA Abdulkarim Saudi Journal of Gastroenterology, 2002; 8 (2), 53-58</p>
36	<p>Psychiatric admission in a general hospital: Patient's profile and patterns of service utilization over a decade MS AbuMadini, SI Rahim Neurosciences, 2002; 7 (1), 36-42</p>
37	<p>Deliberate self-harm in a Saudi university hospital: A case series over six years (1994-2000) MS AbuMadini, SIA Rahim Arab journal of psychiatry, 2001; 12 (2), 22-35</p>
38	<p>Validity of self-reporting questionnaire and Rahim Anxiety Al-Arabi A, R S, Al-Bar A, AM M, K A Saudi Medical Journal, 1999; 20, 711-716</p>
39	<p>PSYCHIATRIC IN-PATIENT IN A GENERAL TEACHING HOSPITAL: AN EXPERIENCE FROM SAUDI ARABIA El-Rufaie OEF, Mediny MSA The Arab journal of psychiatry (1991) vol.2no.2page138-145</p>

ONGOING	Current Research Submitted or ready for Publication
1	Patients' Non-Compliance to Outpatient Appointments at a Psychiatry Clinic in Eastern Saudi Arabia ,2018, Abumadini MS AlUmrn AK, Hariri BA, Boudai H, AlMuhisen L. NC
2	Common Gene Polymorphisms and the Susceptibility of Developing Schizophrenia: A Case Control Study,2017, Abumadini MS. Al-Ali A,Alghamd K, AlQahtani AH,Almedallah DK, Aldhafeeri WF,Cyrus. IRB-2017-01-051 MD
3	Medical Students' Perception of their Learning Experience: Comparison Between Traditional and an Integrated Curriculum, 2019 , Radwa Hamdi Bakr, Mu'taman Khalil Jarrar, Mahdi Saeed Abumadini . MD
4	Clinical effectiveness and cost implications of patients switching from oral antipsychotics to long-acting injectable antipsychotics in the treatment of schizophrenia – SALT STUDY, 2017 , Abumadini MS , Elmadih A, AlShammari N, Benmohammed M. IRB-2017-571-NF MD
ONGOING	Current Research or Project
1	Evaluation of knowledge about medications among Schizophrenia and Mood disorder patients attending outpatient clinic at King Fahad Hospital of the University, 2018 , Almulhim A, Abumadini MS , Elmadih A, Mira A. IRB-2018-087-NF
2	Patterns and Prevalence of psychiatric disorders among anabolic-androgenic steroids users in the Eastern Province, kingdom of Saudi Arabia., 2017 , AL Qahtani AH, Abumadini MS, AlDawood M, Alhabib F, Allbrahim Z, Al-Mubarak E. IRB-2017-732-NF. MD
3	Validity of MGH-HP scale (Arabic Version) in screening Trichotillomania among Saudi patients attending outpatient clinics in KFHU, eastern region, Saudi Arabia., 2017 , AL Qahtani AH, Abumadini MS, AlAnazi Y, AlKhalifa B, Alnasser M, Bukhari. IRB-2017-733-Med-NF MD.
4	Prescription pattern analysis of depot antipsychotics in psychiatric patients., 2018 Abumadini MS , Student research (College of Pharmacy). DB of Psych. PC
5	An Appraisal on adherence of long-acting injectable antipsychotics in schizophrenia patient, 2019 , Lucca J, Abumadini MS . PC
6	Maternal-fetal Attachment is predicated by mother's mental state and social support., 2018 , Abumadini MS , Yasmen Alhaseb, Haifa Alturki, Elmadih A MD
7	Comparing Stigma towards psychiatry between highly educated and less educated Saudi community samples, 2018 , Almulhim A, Abumadini MS , Elmadih A. MD
8	Attitudes towards psychiatry as a speciality among medical students in Saudi Arabia., 2018 Alamir L, Alkhudair B, Abumadini MS, Elmadih A. MD
9	Clinical effectiveness, and cost implications of patients switching from oral antipsychotics to long-acting injectable antipsychotics in the treatment of schizophrenia, 2017 , Abumadini MS, Elmadih A, AlShammari N, Benmohammed M. SALT STUDY 2017. MD
10	Assessment of the needs for implementation of routine psychiatric evaluation for patients undergoing surgical intervention. 2017 , Osman A, Abumadini MS, Nasir M, Al-Dawood M, Alhabib F, Al-Ibrahim Z, Al-Mubarak E, Fallatah. MD
11	An Audit of therapeutic drug monitoring (TDM) of mood stabilizers in patients with Bipolar Affective Disorder. 2018 , Abumadini MS. PC
12	Impact of shifting patients to long-acting treatment on patient's compliance. 2018 , Abumadini MS. PC
13	Overview of the mental health service Saudi Arabia: 2018 , Abumadini MS. MD



I have 39 published papers as a single, first and/or co-author in the national and international journals; Other 4 are submitted or ready for submission and 13 projects in the pipeline. Have organized, chaired, participated and/or attended more than 200 conferences in the national and international levels. I participated as a chairman and/or member of more than 100 scientific and administrative committees at the hospital level, college, or university level as well as in the national and international levels.

Current Positions:

Vice Dean of Quality and Development

College of Medicine,
Imam Abdulrahman Bin Faisal University, Dammam, 2014 to Date

Faculty Board member

College of Medicine,
Imam Abdulrahman Bin Faisal University, Dammam, 1997 to Date

Professor of Psychiatry

Department of Psychiatry, College of Medicine,
Imam Abdulrahman Bin Faisal University, Dammam, 2020 to Date

Consultant Psychiatrist

Department of Psychiatry, King Fahd Hospital of the University, Al Khobar, April 1997 – Present

Founder and President

Saudi Psychiatric Association, Saudi Arabia, 2005 to date

President

Scientific Council of Psychiatry
Arab Board for health Specialty, 2021 to Date

Chairman

Child & Adolescents Psychiatry
Scientific Council of Psychiatry
Arab Board for health Specialty, 2020 to Date

WPA Representative (Zone 12)

World Psychiatric Association, 2020 to Date

WPA Board Member

World Psychiatric Association, 2020 to Date

WPA Committee Member on Lebanon

World Psychiatric Association, 2020 to Date

WPA Committee Member on COVID19

World Psychiatric Association, 2020 to Date

NCMHP Board Member

NCMHR MOH Riyadh KSA , 2020 – to Date

Chairman

Executive Committee
NCMHP, MOH Riyadh KSA, Date – 2020

Chairman

Research Committee
Saudi ADHD Society, Date – 2021 – to Date



NATIONAL:

Ex-Chairman

Department of Psychiatry, College of Medicine
Imam Abdulrahman Bin Faisal University, Dammam
King Fahd Hospital of the University
(November 1997 to January 2020)

Ex-Medical Director

King Fahad Hospital of The University, 1999-2005

Ex-Chairman

- Higher Consultative Committee for Mental Health
Ministry of Health
Riyadh, Saudi Arabia, (1998 To 2004)
- Scientific Committee for Atheer Products
National Committee for Drug Addiction
Riyadh, Saudi Arabia,
- Examination Committee
Scientific Board of Psychiatry
Saudi Council for Health Specialty, 1996 to 2002

Member

- National Committee for Mental Health Promotion
National Centre for Mental Health Promotion
Ministry of Health
Riyadh, Saudi Arabia
- National Mental Health Committee
Health Council, Ministry of Health
Riyadh, Saudi Arabia
- Scientific Council, National Committee for Drug Addiction
Ministry of Interior
Riyadh, Saudi Arabia
- National Family Safety Program
Council of Health Services
April 2013-
Riyadh, Saudi Arabia
- Local Committee for Anti-Drug Addiction
Eastern Province, Saudi Arabia
- Local Training Committee in Psychiatry
Eastern Province, Saudi Arabia
- Training and Evaluation Committee
Saudi Council for Health Specialty
(2002-2010)
- Scientific Board of Psychiatry
Saudi Council for Health Specialty
(1996 - 2010)
- Examination Committee
Scientific Board of Psychiatry
Saudi Health Specialty (1996 – 2002)



INTERNATIONAL:

Vice Chairman

Psychiatric Scientific Council
Arab Board of Medical Specialties
Damascus, Syria
(March 2007 to 2013)

Ex-Acting Chairman

Arab Board of Medical Specialties
Damascus, Syria
2009-2013

Conference Advisor

Arab Federation of Psychiatrist
1996-2008

International Distinguished Fellow

American Psychiatric Association (APA)
Jan 2020 to Date

International Fellow

American Psychiatric Association (APA)
Jan 2016 – December 2019

Member

- Executive Committee
Arab Federation of Psychiatrist (1996-2008)
- Arab Federation of Psychiatrist
(1998 – 2008)
- American Psychiatric Association
(APA) June 2005 to date
- European Federation of Neurological Societies (EFNS)
June 15, 2005
- European Association of Neurosurgical Societies (EANS)
April 2005
- Psychiatric Scientific Council
Arab Board of Medical Specialties, Damascus, Syria
2004 to Date

Personal Address: P.O. Box 40125, Al-Khobar 31952 Kingdom of Saudi Arabia. Home: 2675 – Al Aqrabiyah Dist. Al Khobar 34446 - 7221	Hospital Address: King Fahd Hospital of the University P.O. Box 2208, Al-Khobar 31952 Kingdom of Saudi Arabia.
College Address: University of Dammam College of Medicine P.O. Box 2114, Dammam 31451 Kingdom of Saudi Arabia.	University Address: Imam Abdulrahman Bin Faisal University, Dammam P.O. Box 1982, Dammam 31451 Kingdom of Saudi Arabia.