

Prof. Dr. Boshra Ismael Arnout (C.V)

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| Prof. Boshra Esmiel Arnout | Name |
| 1974 | Birth Date |
| Psychology | Department |
| Professor | Scientific Degree |
| King Khalid University – Zagazig University | University |
| Psychology- Counseling and psychotherapy | Specialization |
| Egyptian | Nationality |
| Prof.arnout74@gmail.com | E-Mail |
| https://www.researchgate.net/profile/Boshra_Arnout | RG |
| https://scholar.google.com/citations?hl=ar&user=cu_a_sYAAAAJ | Google Scholar |
| https://publons.com/researcher/3165633/prof-dr-boshra-ismail-arnout/ | Publons |
| AAF-7107-2019 | Web of Science Research ID |
| https://www.scopus.com/authid/detail.uri?authorId=57211609819 | Scopus Author Identifier |

I'm in brief:

Prof/ Ph.D. Boshra A. Arnout a Professor of Counseling and psychotherapy, Department of Psychology, Faculty of Education, King Khalid University, and Psychology Department, Faculty of Arts, Zagazig University. She is a member of the American Psychological Association APA, a member of the British Association for Counseling and Psychotherapy BACP, member of the American Psychological Counseling Association ACA, a member of the Advisory Board of many counseling centers, and a member of many international journals. She has published several books in psychology such as Counseling and Psychotherapy Programs, Spiritual Intelligence and Homeostasis, the secret of extremism, applied of positive psychology in counseling psychology and psychotherapy, encyclopedia of counseling and psychotherapy, a global- vocational counseling and psychotherapy, psychological measurement, stress of life, children's mental disorders, readings in modern psychology, spiritual intelligence and psychological counseling etc. She also published more than 50 psychological scales, as well as she has published about 65 scientific paper studies in different fields of psychology. She also supervised and discussed a number of thesis for the master's and doctoral degrees. She has more than 23 years' experience in studying in universities, such as Zagazig University in Egypt, Umm Al Qura University and King Khalid University in Saudi Arabia.

Membership of scientific Associations and Journals Editor Board:

1. Member of the American Psychological Association (APA) American Psychological Association, United States of America, Member No 91964223.
2. Member of American Association for Psychological Counseling (ACA) American Counseling Association, United States of America, Member No. 6431081.
3. Member of the Egyptian Association of Psychiatrists (Gomaan), Cairo, Membership No. 309.
4. Member of the Association of Egyptian Psychologists (Ranem), Cairo, membership number.

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| 2623. |
| 5. Reviewer of the Journal of SAGE Open. |
| 6. Reviewer of the Journal of Journal of Psychiatric Research. |
| 7. Reviewer of the Journal of Journal of Heliyon. |
| 8. Reviewer of the Journal of Educational Measurement: Issues and Practice |
| 9. Reviewer of MDPI AG - Multidisciplinary Digital Publishing Institute. |
| 10. Reviewer of International Research Journal of Public and Environmental Health. |
| 11. Reviewer and editor board member of the Journal of Counseling Clinical Psychology, USA. |
| 12. Reviewer of the Electronic Journal of General Medicine. |
| 13. Reviewer and editor board member of the Journal for Social Action in Counseling and Psychology, USA. |
| 14. Reviewer member of International Journal of Medical Research and Health Science |
| 15. Editor Board Member of Cient Periodique Journal. |
| 16. Editor Board Member of International Journal of Development Research. |
| 17. Reviewer and editor board member of the Journal of Education, Sohag University. |
| 18. Editor Board Member of Nasaq Journal, Iraq Association for Education Psychological Studies. |
| 19. Reviewer and editor board member of the International Journal advisory board member of Social and Scientific Research. |
| 20. Editor board member of the International Journal of Open Access Journal of Addiction and Psychology. |
| 21. Editor board member of American Journal Of Applied Psychology. |
| 22. Editor board member of the Journal of Practical Medicine and Medical Science. |
| 23. Editor board member of American Journal Of CPQ Neurology and Psychology. |
| 24. Editor board member of International Journal of Scientific and Engineering. |
| 25. Editor board member of World Journal Of Social Science and Humanities. |
| 26. Reviewer in Public Affairs Journal, American. |
| 27. Editor board member of Scientific and Academic Publishing, USA. |
| 28. Member of the Advisory Committee of the Psychological Counseling Center, Faculty of Education, Minia University, Cairo. |
| 29. Member of the Advisory Committee of the <i>Alustath for educational and social studies Journal.</i> , Ibn Rushd, Baghdad University, Iraq. |
| 30. Reviewer in the Arab Journal of Science and Research Dissemination (AJSRP, Palestine). |
| 31. Reviewer in the Alustath Journal, Faculty of Education Ibn Rushd for Basic Sciences, University of Baghdad, Iraq. |
| 32. Reviewer in Psychological counseling Magazine, Ain Shams University, Cairo. |
| 33. Member of the Advisory Board, Journal of the Faculty of Arts, Dhi Qar University, Iraq. |
| 34. Reviewer and arbitrator at the Algerian Platform for Scientific Journals of the Journal of Psychological and Educational Sciences (ASJP), Algeria. |
| 35. Reviewer in the Journal of the Islamic University for Educational and Psychological Studies, Palestine. |
| 36. Member of the Advisory Board of the Journal of the Northern European Academy, the Court of Studies and Research, Denmark. |

37. Member of the Advisory Board, Psychological Counseling Center, Ain Shams University, Cairo.

38. Member of the Advisory Board of Al- Anbar Journal, Al- Anbar University, Iraq.

List of published studies:

[1] Arnout, B. etal. (2020). Ethnographic Research Method for Psychological and Medical Studies in light of the Spread of COVID-19 Pandemic. Journal of Public Affairs, August, 2020

[2] Arnout, B.(2020). Investing Scientific Research Outputs in light of Crises and Disasters: (COVID-19 Crisis as a model). Journal of Public Affairs, July, 2020.

[3] Arnout, B. & Al-Sufyani, H. (2020). Patterns of Post-Traumatic Growth (PTG) during the COVID-19 Pandemic in the Kingdom of Saudi Arabia. Counseling and Psychotherapy Research, C19, July 2020

[4] Al-Hosan, A., AlRajeh, N. & Arnout, B. (2020). The Role of University Teaching Staff Members in Cognitive Awareness and Raising the Level of Health Protection, Value and Moral of Students through the COVID-19 Pandemic. Journal of Public Affairs, July , 2020

[5] Arnout, B. (2020). Predicting psychological service providers' empowerment in the light of the COVID-19 pandemic outbreak: A structural equation modelling analysis. Counseling and Psychotherapy Research, 14 June 2020, 20 (3), 406-4018.

[6] Nawal A. Al Eid, Boshra A. Arnout (2020). Crisis and Disaster Management in the Light of the Islamic Approach: COVID-19 Pandemic Crisis as A Model (A Qualitative Study Using the Grounded Theory). Journal of Public Affairs.

[7] Arnout BA, Almoied AA. (2020). A structural model relating gratitude, resilience, psychological well-being and creativity among psychological counsellors. Counseling & Psychotherapy Research,. 2020;00:1–20. <https://doi.org/10.1002/capr.12316>

[8] Arnout, B. etal. (2020). The Effects of Corona Virus (COVID-19) Outbreak on the individuals' Mental Health and on the Decision-Makers: A Comparative Epidemiological Study. International Journal of Medical Research & Health Sciences, 2020, 9(3), 26-47.

[9] Arnout B. etal (2020). The Problems of Applying Psychological, Educational and Political Measurement Instruments in light of the Prevalence of the Corona virus (COVID-19). Accepted in the conference of DIALOGO, June 2020, 2, 23-32.

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| [10] | Nawal A. Al Eid, Boshra A. Arnout & Ayed A. Almoied (2020). Leader's spiritual intelligence and religiousness: Skills, factors affecting, and their effects on performance (a qualitative study by grounded theory). Journal of Public Affairs, 31 March 2020. |
| [11] | Arnout, A. & Ayed A. Almoied (2020). Enjoying life and health status among young adults and elderly: A comparative study in light of the globalization effects on the human being of the 21st Century. Accepted at International Journal of Medical Research & Health Sciences, March 2020. |
| [12] | Arnout, B etal (2020). Diagnostic Criteria for Post-Bullying Disorder (PBD): A Phenomenological Research Design of Bullying Victims. Journal of Public Affairs, January, 2020. |
| [13] | Al Eid, N., Alqahtani, M., Marwa, K., Arnout, B., Alswailem, H.& Al Toaimi, A. (2020). Religiosity, Psychological Resilience and Mental Health among Breast Cancer Patients in Kingdom of Saudi Arabia. Breast Cancer: Basic and Clinical Research, 17, 1-13. |
| [14] | Arnout, B.(2020). Quality of Scientific Research: Standards, Requirements, Constraints, and Developmental Procedures from the Researchers Point of View (A Qualitative Study Using Rooted Theory). Educational Journal of Sohag University, 69(1). |
| [15] | Alkhatib, Ahed J, and Arnout, B. (2019).”Is religion the missing part in leadership and organization citizenship behavior theories?” DIALOGO, 6(1), 111-116. |
| [16] | Arnout, B. (2019). A structural equation model relating unemployment stress, spiritual intelligence and mental health components: Mediators of Coping Mechanism. Journal of Public Affairs, October, 2019, 20(2), 1-14. |
| [17] | Arnout, B.(2019). The Relative Contribution of Psychological Serenity and Self-Regulated Learning Strategies in Predicting Academic Engagement among University Students. International Journal of Medical Research & Health Sciences, 2019, 8(11), 1-11. |
| [18] | Arnout, B. and Al-Qadimi, F. (2019). A structural Equation Modeling Analysis of Marital Bullying Scale. Accepted in Journal of Public Affairs. |
| [19] | Arnout, B. etal. (2019).The difference of two application methods (manual and electronic) and their effect on the personality metrics psychometric properties: A |

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| structural equation model. <i>Research in Psychology and Behavioral Sciences</i> , 2019, 7, 1-11. |
| [20] Arnout, B. et al. (2019). Spiritual intelligence and self-affirmation as predictors of Athletes' psychological well-being. <i>International Journal of Applied Psychology</i> , September, 2019, 9 (4). |
| [21] Arnout, B; Alkhatib, A.; Abdel Rahman, D. and Pavlovic, S. (2019). Parent's Spiritual intelligence as predictor of adolescents psychological safety. <i>Research in Psychology and Behavioral Sciences</i> , 7. |
| [22] Arnout, B. and Alkhatib, A.(2019). The secret of human existence homeostasis: spiritual intelligence is the hope of all humanity. <i>Open Access Journal of Addiction and psychology</i> , 2 (3), 1-9. |
| [23] Arnout, B., Alkhatib, A. and Jasim, K.(2019). The Effect of a Gratitude Intervention on Psychological Well-Being among Females Breast Cancer Patients. <i>CPQ Neurology and Psychology</i> , 1(6), 1-18. |
| [24] Arnout, B.(2019).The Effectiveness of a Brief Program Based on the Acceptance and Commitment Therapy to Increase Psychological Well-Being in a sample of Patients with Renal Failure. <i>Arab Journal of Sciences and Research Publishing (AJSRP)</i> ,3(5), 141-158. |
| [25] Arnout, B. (2019).Effectiveness Of Counseling Eclectic Program In Developing Spiritual Intelligence Of University Students. <i>Journal of educational and psychological Sciences</i> , 27(3), 16-28.. |
| [26] Arnout, B.(2019). The components of mental health among Internet Users: Positive Internet Addiction as a Proposed Psychotherapy Approach. <i>Al-Quds open University</i> (29). |
| [27] Mauro Luisetto, Oleg Yurievich Latyshev, Venelin Krastev Terziev, Tariq Hataab Almaliky, Boshra Esmiel Arnout, Arup Barman, Khaled Edbey, Marin Petrov Georgiev, Gaber Ahmed Ibrahim, Ahed Khatib, Polina Alexandrovna Latysheva, Vanessa Meloni Massara, Dionéia Motta Monte-Serrat (2019). Climate Change, Pollution and Related Effect in Some Neurological Condition like Autism Spectrum Disorders and Related Pathology. <i>A Sociological Neuro Toxicological Analysis: State Of Evidence</i> . Open Access |

Journal of Public Health, 2(4), 1-15.

[28] Arnout, B. (2019). The effectiveness of a counseling program based on acceptance and commitment to the development of strong personality traits and psychological contentment among secondary school teachers: a comparative study between the traditional and online applications of the program. Educational Journal of the Faculty of Education, Sohag University, July, 63.

[29] Arnout, B. etal. (2019). The Effectiveness of a Gratitude Program in the Development of Positive Thinking among King Khalid University Students, Acceptable Research, Al Fath Journal, College of Basic Education, Diyala University, Iraq, 78.

[30] Arnout, B. etal. (2019). Self-organized learning strategies and their relation to scientific vigilance as one of the 21st century skills of graduate students in the light of some demographic variables: An exploratory study. *Alustath for educational and social studies Journal.*, 58 (1), 15- 44.

[31] Arnout, B. etal (2019). counseling needs of gifted students in Asir region in view of the vision of the Kingdom 2030: A proposed plan to guide the talented. The Arab Journal for Science and the Dissemination of Research, Journal of Educational and Psychological Sciences, 7 (4).

[32] Arnout, B. (2019). Adhere to ethical standards of scientific research and its relation to creativity in psychological and educational research in the light of some demographic variables: exploratory study. The Arab Journal for Science and the Dissemination of Research, Journal of Educational and Psychological Sciences, 2 (3), 21- 51.

[33] Arnout, B. (2019). The components of mental health among Internet users in the light of some demographic variables (positive Internet addiction as a suggested entry for psychological treatment). Journal of Psychology, Egyptian General Book Organization, Cairo, 121, 85- 115.

[34] Arnout, B. (2018). The effectiveness of a program based on acceptance and commitment therapy and online to reducing the symptoms of bullying in a sample of faculty members. *Alustath for educational and social studies Journal*, 227, 27- 62.

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| <p>[35] Arnout, B. (2018). Differences in Depression in the Light of Some Demographic Variables in Postgraduate Students, <i>Acceptable Research in the Journal of the Faculty of Arts, Dhi Qar University, Iraq</i>, 27 (3), 45-130.</p> |
| <p>[36] Arnout, B. (2017). Bullying in the work environment and its relationship to both the quality of leadership and depression among faculty members. Research published in the <i>Journal of the Faculty of Arts, Dhi Qar University, Iraq</i>, 23 (2), 350-424.</p> |
| <p>[37] Arnout, B. etal (2018). Methods of Thinking and Self-Disclosure as Predicted towards the Extremism of University Students, a research presented to the Unit of Intellectual Education at King Khalid University.</p> |
| <p>[38] Arnout, B. etal. (2017). Satisfaction of others and psychological electronic Hacking in different age samples: cross cultural comparative study (A theoretical model proposed for the interpretation of psychological problems), <i>acceptable research for publication in the Journal of Arab Studies, Association of Egyptian Psychologists, Cairo</i>, April, 2017.</p> |
| <p>[39] Arnout, B. (2017). Self-disclosure and its relationship to counseling creativity among counselors in Kingdom of Saudi Arabia. <i>Journal of Counseling Psychology, Egypt</i>, 50, 1-64.</p> |
| <p>[40] Arnout, B. etal. (2017). Self-disclosure and its relation to the counseling creativity of psychologists in the Kingdom of Saudi Arabia in the light of some demographic variables. <i>Journal of Psychological Counseling, Ain Shams University</i>, 50, 1-64.</p> |
| <p>[41] Arnout, B. (2017). Research Self-efficacy among Postgraduate Students in Arab Government Universities: A Comparative Study in Light of Some Demographic Variables. <i>Journal of Psychological Counseling Center, Ain Shams University</i>, 50 (1), 1-48.</p> |
| <p>[42] Arnout, B. etal. (2017). Experiences of psychological abuse in childhood and its relation to the disorder of deformity of the body of students at King Khalid University in Saudi Arabia. Research Accepted for publication in the <i>Journal of Arab Studies in Psychology, Association of Psychologists, Cairo</i>, 16 (1), 49-105.</p> |
| <p>[43] Arnout, B. etal. (2016). Self-efficacy of psychological counselors trained in the light</p> |

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| of some variables. 2016, accepted research in the Journal of Jazan University. |
| [44] Arnout, B. etal. (2017). Development of the power of Personality Scale, King Khalid University Journal of Educational Sciences, 27, 99-121. |
| [45] Arnout, B. (2016). Development of the scale of spiritual intelligence of the disabled and the special needs of adolescents and adults, psychological counseling Journal, Ain Shams University, 46, 155-198. |
| [46] Arnout, B. (2016). Life orientation and its relation to the personality disorder of the divorced couples. Psychological Counseling Journal, Psychological Counseling Center, Ain Shams University, 45, 37 - 82. |
| [47] Arnout, B. (2015). The Effectiveness of an counseling Program Based on the Theory of Realistic Therapy in Reducing Neural Perfection and Increasing Academic Self-efficacy among Post Graduate Students at King Khalid University, Research published in Psychological Counseling Journal, April 2015, p. 42, 23-97. |
| [48] Arnout, B. (2014). The relative contribution of critical thinking traits in predicting the life orientation among postgraduate students, Journal of the Faculty of Arts, Menoufia University, 24 (93), 3-61. |
| [49] Arnout, B. (2013). Patience and its relationship to the psychology of optimism and pessimism among university students, research published in the Journal of the Faculty of Arts, University of Banha, 32, 449-507. |
| [50] Arnout, B. (2013). Forgiveness and styles of resolving marital disputes (descriptive study in marital counseling), Journal of the Faculty of Arts, Menoufia University, January, 2013,92. |
| [51] Arnout, B. (2012). Hope and self-concept as a predictor of the quality of life of renal failure patients, Journal of the Faculty of Arts, Banha University, October, 2012, p 30, 567-626. |
| [52] Arnout, B. etal. (2012). Forgiveness and happiness: a cross-cultural study of university students in Egypt and Iraq, Egyptian Journal of Psychological Studies, July 2012, 76 (22), 175-221. |
| [53] Arnout, B. (2012). Ego Identity Status As Predictors For Cyber terrorism Among |

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| University Students. <i>Journal of Counseling, Ain Shams University</i> , January, 2012, 30, 1-35 |
| [54] Arnout, B. (2009). The effectiveness of a program to train anger management and reduce sleep disorders in university students. <i>Journal of Contemporary Psychology and Human Sciences</i> , April, 20, 173 - 263. |
| [55] Arnout, B. (2009). The Big Five Factors of Personality and Self-Concept as a Lifestyle Predictor for University Students, <i>Journal of Contemporary Psychology and Human Sciences</i> , January, 20, 173-245. |
| [56] Arnout, B. (2008). The quality of life, stress coping styles and their relationships to the anxiety of death and depression in the elderly, <i>Journal of Contemporary Psychology and Human Sciences</i> , 19, 173-245. |
| [57] Arnout, B. (2008). Self-efficacy and belonging among unemployed youth, <i>Egyptian Journal of Psychological Studies</i> , 18 (60), 57-122. |
| [58] Arnout, B. (2008). Spiritual Intelligence and its Relationship to Quality of Life, <i>Journal of the Modern Education Association</i> , 2, May, 313-389. |
| [59] Arnout, B. (2008). Emotional intelligence and its relation to both leadership style and stress coping styles in a sample of administrative leaders, <i>Journal of the Faculty of Education, Zagazig University</i> , (59), April, 135-213 |
| [60] Arnout, B (2007). Spiritual Intelligence and its Relationship to Personality Characteristics in Different Age Samples ", <i>Journal of the Faculty of Education, Banha University</i> , 17 (72), 125-190. |
| [61] Arnout, B. (2007). Internet addiction and its relation to each dimension of personality and mental disorders in adolescents, <i>Journal of the Faculty of Education, Zagazig University</i> , 55, 33-96. |
| [62] Arnout, B. (2006). Silence in marital disputes and its relation to sex, level of education and duration of marriage, <i>Journal of the Service Center for Research Consultations, Faculty of Arts, Menoufia University</i> , February, 1-23. |
| List of published books: |
| 1. Arnout, B. (2020b). <i>Scientific research is a modern vision (quantitative, qualitative, mixed)</i> |

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| Between practice and professionalism. Cairo: Madbouly Bookstore for Publishing and Distribution. |
| 2. Arnout, B.(2020). COVID-19 Pandemic Crisis :And The New Face Of The World. Scholars Press, Germany. (This book was translated into several language). |
| 3. Arnout, B.(2020). Handbook of 21 st Century Intelligence SQ. Scholars Press, Germany. |
| 4. Arnout, B.(2020). Counseling and Psychotherapy Programs. Scholars Press, Germany. |
| 5. Arnout, B.(2019). The secret of extremism: a new counseling and psychotherapy approach. LAMBERT for Academic Publishing, Germany. |
| 6. Arnout, B.(2019). Spiritual Intelligence and Human Homeostasis. LAMBERT for Academic Publishing, Germany. |
| 7. Arnout, B.(2019). Applications of positive psychology in counseling and psychotherapy. LAMBERT for Academic Publishing, Germany. |
| 8. Arnout, B.(2019). A global- Vocational counseling and psychotherapy. LAMBERT for Academic Publishing, Germany. |
| 9. Arnout, Boshra Esmiel Ahmed (2019). The Integrated Encyclopedia of Counseling and Psychotherapy. part One. Cairo: Madboly Library. |
| 10. Arnout, Boshra Esmiel Ahmed (2019). The Integrated Encyclopedia of Counseling and Psychotherapy. The second part. Cairo: Madboly Library. |
| 11. Arnout, Boshra Esmiel (2019). The scale of Adhere to Ethical Standards of Scientific Research. Cairo: Madboly Library. |
| 12. Arnout, Boshra Esmiel (2019). Gratitude scale for university students. Cairo: Madboly Library. |
| 13. Arnout, Boshra Esmiel (2019). Positive thinking scale for university students. Cairo: Madboly Library. |
| 14. Arnout, Boshra Esmiel (2019). The scale of Scientific Creativity. Cairo: Madboly Library. |
| 15. Arnout, Boshra Esmiel Ahmed (2016). Spiritual intelligence and psychological counseling between theory and practice. Cairo: The Anglo-Egyptian Library, 2016. |
| 16. Arnout, Boshra Esmiel Ahmed (2015). Readings in modern psychology. Cairo: The Anglo-Egyptian Library. |

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| 17. Arnout, Boshra Esmiel (2008). Introduction to Psychology in the 21st Century. Cairo: Al-Itigihat Al-Thqafia |
| 18. Arnout, Boshra Esmiel (2008). Introduction to Psychology in the Twenty-first Century Cairo: The Anglo-Egyptian Library. |
| 19. Arnout, Boshra Esmiel (2008). Studies in Psychology. part One . Cairo: Al-Itigihat Al-Thqafia for publishing and distribution. |
| 20. Arnout, Boshra Esmiel Ahmed (2005). Children's Psychological Disorders "Causes - Diagnosis - Treatment". Cairo: The Anglo-Egyptian Library. |
| 21. Arnout, Boshra Esmiel Ahmed (2008). Reference in Psychometric Measurement. I. Cairo: Al-Itigihat Al-Thqafia |
| 22. Arnout, Boshra Esmiel Ahmed (2004). Reference in Psychometric Measurement. Cairo: The Anglo-Egyptian Library. |
| 23. Arnout, Boshra Esmiel Ahmed (2004). The stressors of life and mental disorders. Cairo: The Anglo - Egyptian Library. |
| 24. Arnout, Boshra Esmiel Ahmed (2004). Social support and professional adjustment. Cairo: Anglo-Egyptian Library. |
| Training Courses: |
| 1. Course in the preparation of the university teacher "Origins of Teaching" from 6/9 to 25/9/1997, Faculty of Education, Zagazig University. |
| 2. English language course "TOEFL" from 21/3 to 13/5/1998 |
| 3. Course in Computer Introduction (MS DOS) from 9/10 to 28/10/1999, Faculty of Science, Zagazig University. |
| 4. Course in WINDOWS from 6/11 to 25/11/1999, Faculty of Science, Zagazig University. |
| 5. Course in Computer Applications (SPSS) from 27/11 to 16/12/1999, Faculty of Science, Zagazig University. |
| 6. Course in "Using Technology in Teaching" from 7/8 to 9/8/2007, Faculty Development Center, Zagazig University. |
| 7. Course in the "Credit Hours" program from 11/8 to 13/8/2007, Faculty Development Center, Zagazig University. |
| 8. Course in "Strategic Planning" from 18/8 to 20/8/2007, Faculty Development Center, Zagazig University. |
| 9. Course in the "System of examinations and evaluation of students" from 21/8 to 23/8/2007, Center for the development of faculty members, Zagazig University. |
| 10. Course in "Local and Global Competitiveness Research Projects" from 9/8/2008 to 11/8/2008, Faculty Development Center, Zagazig University. |

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| 11. Course in the "Scientific Publishing" program from 12/8/2008 to 14/8/2008, Center for the development of faculty members, Zagazig University. |
| 12. Course in the training program for "Stanford - Bennett Fourth Image", Psychological Service Center, Faculty of Arts, Ain Shams University, from 12/8/2008 to 21/8/2008. |
| 13. Course on the characterization of the program and its report and description of the course and its report, Deanship of University Development and Quality, Umm Al-Qura University, National Commission for Academic Accreditation and Assessment, Saudi Arabia, 8-9 / 1 / 1433H. |
| 14. Training course entitled "Postgraduates Supervision" Deanship of Academic Development and Quality, King Khalid University, Saudi Arabia, 21/11/2012. |
| 15. Training course entitled "Self -Development", Deanship of University Development and Quality, King Khalid University, Saudi Arabia, 9-10 / 6/1435. |
| 16. Training course entitled "Exam Systems and Evaluation of Students", Center for Developing the Capacity of Teaching Staff and Leaders, Zagazig University, 15-16 / 6/2014. |
| 17. Training course entitled "International Scientific Dissemination", Center for Developing the Capacity of Teaching Staff and Leaders, Zagazig University, 17-18 June 2014. |
| 18. Training course entitled "Strategic Planning", Center for the Development of the Capacity of Teaching Staff and Leaders, Zagazig University, 22-23 June 2014. |
| 19. Training course entitled "Communication Skills in Education Patterns", Center for Developing the Capacity of Teaching Staff and Leaders, Zagazig University, 24-25 June 2014. |
| 20. Training course entitled "Organizing scientific conferences", Center for the development of faculty members and leaders, Zagazig University, 29-30 June 2014. |
| 21. Training course entitled "Financial and Legal Aspects", Center for Developing the Capacity of Teaching Staff and Leaders, Zagazig University, 1-2 July 2014. |
| 22. Training course entitled "Foundation Course for E-Learning System", Saudi Arabia, Ministry of Higher Education, King Khalid University, Deanship of e-learning. |
| 23. Training course entitled "The Foundation Course for the Virtual Classroom System" (Blackboard9.1), Saudi Arabia, Ministry of Higher Education, King Khalid University, Deanship of e-learning. |
| 24. Training course on "How to create and evaluate duties on Blackboard", Saudi Arabia, Ministry of Education, King Khalid University, Deanship of e-Learning, 15/3/2015. |
| 25. Training course "Web of Science-Discovery Starts Here", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 15/3/2015. |
| 26. A training course entitled "Use of Digital Knowledge Database Knowledge, Kingdom of Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 16/3/2015. |
| 27. Training course entitled "End note online- collect manage, share, format your references", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 23/3/2015. |
| 28. Training Course "Ebsco", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 23/3/2015. |
| 29. Training course "Taylor Francis Journals Enrich your research", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 25/3/2015. |
| 30. Training Course "Taylor Francis eBooks The", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 25/3/2015. |
| 31. Training Course "Academic one file", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital |

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| Library, 30/3/2015. |
| 32. Training course entitled "Electronic tests", Saudi Arabia, Ministry of Higher Education, King Khalid University, Deanship of e-learning, 30/3/2015. |
| 33. Training course entitled "Introduction to Qualitative Research", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 5/4/2015. |
| 34. Training course entitled "Foreign Information Base Gale-GVRL", Saudi Arabia, Ministry of Education, Riyadh, Saudi Digital Library, 6/4/2015. |
| 35. Training course entitled "How to publish your articles in one |
| Teaching Activity :Courses |
| Courses taught to Master's students: |
| 1. Research seminar. |
| 3. Counseling process. |
| 4. Counseling theories and applications. |
| 5. Planning and managing counseling programs. |
| 6. Psychological problems and treatment. |
| 7. Psychological readings in English. |
| 8. Advanced psychometric measurement. |
| 9. Methods and techniques of psychological counseling. |
| 10. Psychological and educational statistics. |
| 11. Research Methods in Education and Psychology. |
| 12. Field training for counseling master students. |
| 13. Determinants of human behavior. |
| 14. Theories of Counseling and Psychotherapy and their applications |
| Courses taught to Ph.D. students: |
| 1. Building and implementing treatment and counseling programs. |
| 2. Research Seminar. |
| 3. Advanced Research Methods. |
| 4. Theories of Advanced Counseling and Psychotherapy. |
| 5. Pathological psychology. |
| 6. Psychological counseling texts in English. |
| 7. Learning theories. |
| 8. Growth (human life cycle). |
| 9. Ethical, legal and professional issues in psychological counseling. |
| 10. Field training for female students in the psychiatric hospital in Asir. |
| Scientific Supervision: |
| 1. Maryam Mohammed Attif entitled "Quality of life and its relation to both the level of identity and the future concern of unknown persons in the housing establishments in the southern region." |
| 2 - Fatima Ali Saeed Al - Qahtani (Stress coping styles and its relationship to the level of depression in patients with kidney failure in the city of Abha). |
| 3.Muntaha Mohsen Ibrahim Aqili (Sickness concerns and its relationship to the emotional |

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| deprivation of orphans in the housing establishments in Abha city). |
| 4. Nora Mohd Al Shahrani (Effectiveness of a collective counseling program to reduce the dropout of students in primary school in Khamis Mushait). |
| 5. Fatima Awadah Al-Mashawi (Psychodynamic Effectiveness in Improving the Concept of Self in Orphaned Children Deposited in Accommodation Facilities in Riyadh City). |
| 6. Afnan Sulaiman Al Ayed (Quality of Life and Methods of Facing Stress and Their Relation to the Psychological Unit of Elderly Residents in Custody in Qassim Region), PhD Thesis. |
| 7. Azza Abdullah Ali Al-Shehri (Self-efficacy and its relationship to parenting methods in a sample of middle school students in Abha city), Master Thesis. |
| 8. Noura Mestour Mohd Al Shahrani (Effectiveness of a collective counseling program in reducing dropout in primary school students in Khamis Mushait), Master Thesis. |
| 9. Fatima Yahya Hassan Al-Qadimi (The relative contribution of both the family climate and psychological flexibility in predicting the emotional suppression of the students of King Khalid University in Abha city), PhD thesis. |
| 10. Aisha Mohammed Al-Kubaidi (The level of parental use of social networking sites and its relation to psychological comfort and social skills among children in Jeddah), PhD thesis. |
| 11. Reem Saeed Ali Al-Qahtani (Multiple Intelligences and the Five Personality Factors and Their Relationship with Self-Guiding Effectiveness among Female Students in the Governorate of Khamis Mushait), PhD Thesis. |
| 12. Sabah Abdo Mohammed Degreiry (Spiritual Intelligence and its Relationship to the Orientation of Life among High School Students in Khamis Mushait Governorate), Master Thesis. |
| 13. Arwa Ali Yahya Al-Amer (spiritual intelligence and psychological rigidity as signs of marital stability in the secondary school teachers in Abha), PhD thesis. |
| 14. Hanaa Rafidi (experiences of abuse in childhood and its relation to both social phobia and depression in the students of King Khalid University in Abha) Master Thesis. |
| 15. Reem Mubarak Al-Shahrani's "Methods of parental treatment and its relationship to internet addiction among high school students in Khamis Mushait", Faculty of Education, King Khalid University, Saudi Arabia. |
| 16. Fatima Issa Qasim Al-Yahya (Marital satisfaction and its relationship to the five major factors of the personality of married women workers and non-workers in the city of Abha), Faculty of Education, King Khalid University, Saudi Arabia. |
| 17. Abeer Ali Mohammed Al-Asiri "Social skills and its relation to self-esteem among disadvantaged and non-disadvantaged students in Abha primary school", Faculty of Education, King Khalid University, Saudi Arabia. |
| 18. Mona Hussein Farah Asiri "Effectiveness of a cognitive behavioral counseling program in the development of social skills among primary school students in Abha City", Faculty of Education, King Khalid University, Saudi Arabia. |
| 19. Ahlam Ali Saeed Al-Ahmari "Multiple Intelligences and their relation to cognitive speed and the self-organized learning strategies of secondary school students in Taif Governorate", Faculty of Education, Taif University, Saudi Arabia. |
| 20. Waad Assiri, "Effectiveness of a cognitive-behavioral counseling program for the development of tolerance among high school teachers in Abha City", Faculty of Education, King Khalid University, Saudi Arabia. |
| 21. Rasha Al-Shehri "The five major personality factors and their relation to happiness among the |

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| students of King Khalid University", College of Education, King Khalid University, Saudi Arabia. |
| 22. Asma Al-Qarni "The need for love and its relation to psychological alienation among adolescents", College of Education, King Khalid University, Saudi Arabia. |
| 23. Elham El-Arfaj (The relationship between the methods of confronting professional pressures and the affirmative behavior of the teachers of the primary stage in Al-Ahsa governorate), College of Education, King Faisal University, Saudi Arabia. |
| 24. Shorouq Mohammed and Qayan Al-Qahtani (Anger and its relation to sleep disorders in secondary school students in Abha city), Faculty of Education, King Khalid University, Saudi Arabia. |
| 25. Eman Mohammed Al-Ahmari (Personality traits of parents and their relationship to creative thinking of primary school students in Abha City), Faculty of Education, King Khalid University, Saudi Arabia. |
| 26. Fennen Ali Mohammed Al-Awad (Psychological flow and its relation to the level of ambition of graduate students at King Faisal University in Ahsa), Faculty of Education, King Faisal University, Saudi Arabia. |
| 27. Huda Jawad Mohammed Al-Jabran (The motives of using smart phones and their relationship to personal well-being among students of King Faisal University in Ahsa), Faculty of Education, King Faisal University, Saudi Arabia. |
| 28. Khamis Ramadan Al-Azmi (Effectiveness of cognitive behavioral therapy program in reducing the symptoms of obsessive-compulsive disorder in a sample of mental patients), Faculty of Education, Islamic University, Palestine. |
| 29. Mariam Munir Qureizh Al-Mutairi (Psychological flexibility and ego strength of divorcees, divorced women and widows - comparative study), Faculty of Social Sciences, Naïf Arab University for Security Sciences, Riyadh, Saudi Arabia. |
| 30. Reem Zeid Al-Zaid (The Effectiveness of a Behavioral Counseling Program in the Development of Intellectual Immunity and Self-Management among University Students, Faculty of Education, King Khalid University, Abha, Saudi Arabia. |
| 31. Sara Alamer (Moral intelligence and its relationship with social skills among primary school teachers in Al-Ahsa), Faculty of education, King Faisal University. |
| Community Service: |
| 1. Implementation of a training program entitled "Fundamentals of Scientific Research" in the Department of Training and Scholarship in the General Administration of the Department of Education in Asir Region. |
| 2. A training program entitled "Fundamentals of Psychological Counseling for Girl counselors" for female students in Abha. |
| 3. A training program "The art of dealing with children" at the primary school of honor in Abha city, Saudi Arabia. |
| 4. A course entitled (adolescence characteristics and problems and methods of counseling and appropriate treatment) at the first high school for female students in Abha, Saudi Arabia. |
| 5. A training program "Childhood Characteristics, Problems and Methods of Treatment" at the 31st primary school in Abha city, Saudi Arabia. |
| 6. A training program "My Mother is the secret of my happiness and my health" in the sixteenth century, Abha City, Saudi Arabia. |
| 7. A training program "Good dialogue with children and its therapeutic effect on childhood problems" at Al Budaiya primary school in Abha city, Saudi Arabia. |

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| 8. A training program (Fundamentals of Scientific Research), Training and Scholarship Department, Education Department Khamis Mushait. |
| 9. Workshop (Fundamentals of psychological counseling for school principals), seventh high school, Khamis Mushait governorate. |
| 10. A Course entitled (Self-identification and planning for the future) College of Languages and Translation, King Khalid University, Saudi Arabia. |
| 11. A course entitled "Self-Determination Skills", Faculty of Computer Science, King Khalid University, Saudi Arabia. |
| 12. A Course entitled "Psychological diagnosis, its aims, objectives, tools and importance", Faculty of Education, King Khalid University, Saudi Arabia. |
| 13. A Course entitled (Scientific Publishing) Faculty of Education, Quality Unit, King Khalid University, Saudi Arabia. |
| 14. A Course entitled (Ethics of Scientific Research), Faculty of Education, Quality Unit, King Khalid University, Saudi Arabia. |
| 15. A Course entitled "Preparing and qualifying student guides within schools", Deanship of Community Service and Continuing Education, King Khalid University, Saudi Arabia. |
| 16. A course entitled "Methods of dealing with female students in the light of the challenges of the 21st century", the teachers of the first memorization school in Abha, the Department of Education of Abha. |
| Press contributions: |
| 1 - Article entitled (The hateful Extremism), newspaper, Voice of Al-Azhar, Cairo, No. 2708, 2019. |
| 2 - An article entitled (Your old love your enemy), the Kuwaiti political newspaper, Monday, July 7, 2014, No. 16422 |
| 3- An article entitled "The Third Ear", Kuwait's Al-Siyasah newspaper, Monday, August 4, 2014, No. 16447. |
| 4- Post-vacation depression, Al-Sabaq Newspaper, September 1, 2014. |
| 5 - An article entitled (Psychological student reflected on the scientific achievement), Al Jazeera, Thursday, October 16, 2014. |
| 6 - Article entitled (from the study day to night work), Afak journal King Khalid University, No. 125, October 26, 2014 |
| 7- A telephone intervention in MBC radio about the impact of using the Internet on students' academic achievement in the Kingdom. |
| 8- An article entitled "Dialogue with the child's skill must be learned by the parents", Sabaq e-newspaper, February 4, 2015. |
| 9- Article entitled (dialogue with the child a skill must be learned by parents), Al - Jazeera, Sunday, spring, 1436, number 15473. |
| 10- Executing directors deadly poison for employees - Academy bells alert for educational leaders, Al-Madina newspaper, 25/3/2015. |
| 11- Meaning of Respect - Quality of Life Project http://thequalityoflife.net/ . |
| 12- A writer of the network Al- Khafji. |
| 13- Press articles in a number of journals and newspaper in Al-Akhbar Al-Masa'i newspaper, Al-Lewaa Al-Islami newspaper in Cairo, Al-Hawath newspaper in Cairo, and Al-Azhar newspaper in Cairo. |

