



Homework Tips



AFTA
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SOCIETY

1 Don't forget to take your text book, homework notebook and diary to class.



2 Write down the assignment in your diary or put a sticky note in the book.

4 Choose a suitable place for doing homework.



3 Before beginning your homework, be sure to read the instructions carefully.



5 Try to make sure you will be free of distractions while doing your homework.



6 When you're done, read through the instructions & your homework again to make sure you've completed it fully and accurately.



7 Don't forget to take your homework with you to school, and to hand it in to the teacher.

For more information, visit our website www.adhd.org.sa

or give us a call on: 0530034981