

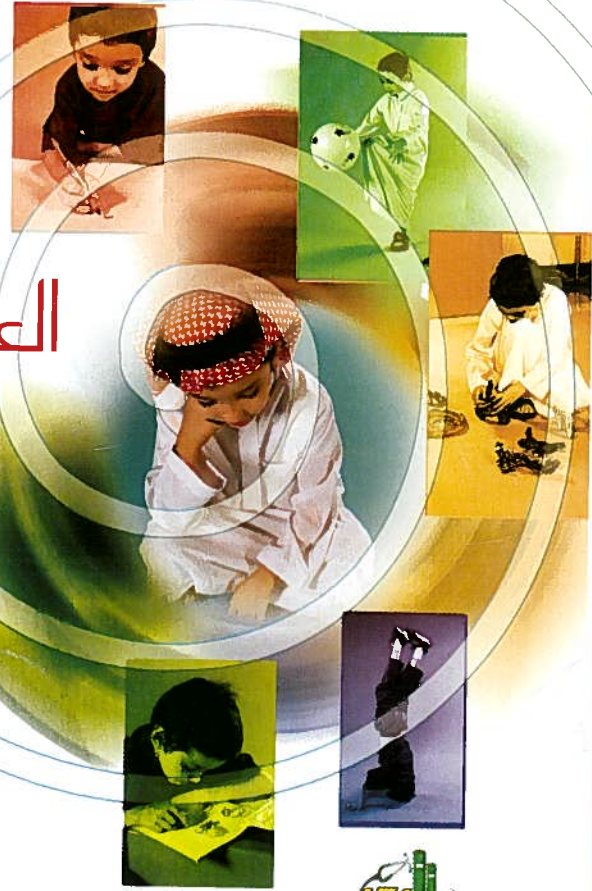
٧ - ٨ ديسمبر ٢٠٠٤م / ٢٤ - ٢٥ شوال ١٤٢٥هـ

المؤتمر الأول في الشرق الأوسط حول اضطراب فرط الحركة وتشتت الانتباه



Attention Deficit Hyperactivity Disorder

البرنامج  
العربي النهائي



Accredited by the  
American Academy of  
Continuing Medical Education



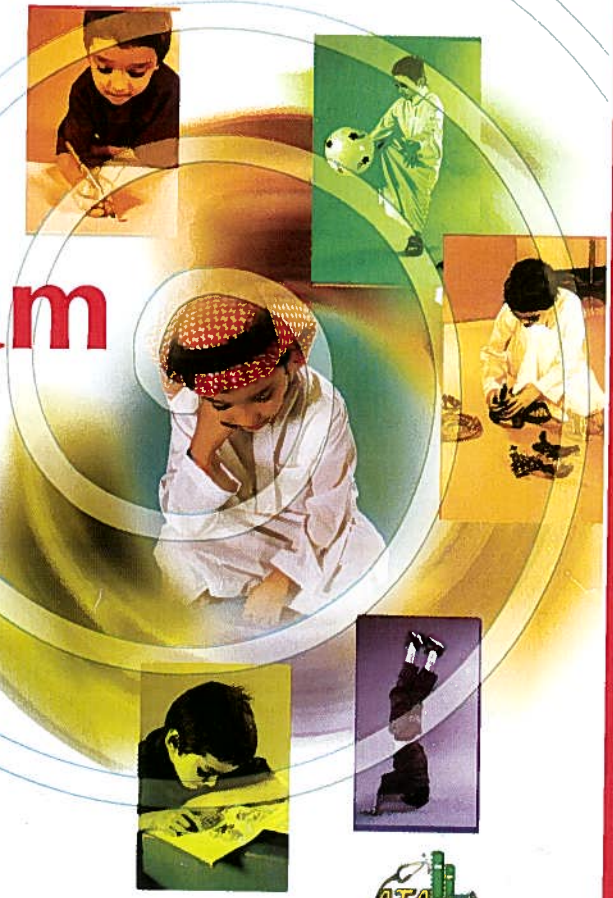
7- 8 December 2004 / 24 - 25 Shawwal 1425

First Middle Eastern Symposium on



Attention Deficit Hyperactivity Disorder

Final  
Program



Accredited by the  
American Academy of  
Continuing Medical Education



Designed by Photo-Graphics (I-2744) printed by Reprographics - KFSH&RC

Dear Colleagues and Friends:

Welcome to the First Middle Eastern Symposium on Attention Deficit Hyperactivity Disorder (ADHD). Over the course of the next two days, we will examine region-specific issues in the diagnosis, treatment and management of ADHD. The topics we will address include those of concern to parents and educators, as well as those of interest to healthcare professionals.

We have invited an esteemed panel of experts who will introduce us to ADHD, discuss school problems, strategies for managing ADHD at home and methods for dealing with ADHD in later life. For the specialists, we will provide an in-depth look at ADHD from a multidisciplinary perspective. There will be a number of parallel sessions held in Arabic and English, with presenters joining us from around the Kingdom, in addition to guest speakers from the Gulf states and further abroad.

We are eager to take this opportunity to initiate national and international participation and cultural exchange. Many ties have already been formed since the recent establishment of our ADHD Support Program. We are confident that the ties forged by this symposium will be the beginning of further institutional cooperation.

During the break, take the opportunity to visit the Trade Show, where you will find various teaching aids and educational toys on display. The Trade Show will begin at 9:00 am on Tuesday, 6 December 2004, and will run for the duration of the Symposium. The exhibitor area will be in the Main Hospital Lobby, in close proximity to the main Symposium events. Please do not miss the chance to visit our sponsors' stands in the exhibition area of the Postgraduate Centre.

The program is structured to provide ample time for informal discussions and maximum opportunities for interaction among participants. In addition, a banquet will be held in the evening of 7 December to which all participants are cordially invited.

On this note, I encourage all of you to utilize this Symposium to share your knowledge and experience. I am certain that this platform will enable you to foster meaningful collaborations and establish networks that will enhance your homes, schools, and practices and ultimately improve the quality of life for ADHD children in order that they may become successful, productive and active members of our society.



Soad Al Yamani, MD  
Organizing Committee Chair

Generous educational grant donated by:



**Answers That Matter.**

فرط الحركة ونشيط الانتباه



# البرنامج العربي

الثلاثاء ٢٤ شوال ١٤٢٥

٧:٣٠ - ٨:٠٠  
تسجيل

## الجلسة الأولى

رئيس الجلسة  
د. خالد الزيد - د. عادل المؤمن

اضطراب فرط الحركة و نقص الانتباه  
الدكتور صالح الصالحى ٨:٢٠-٨:٠٠

مدى انتشار الاضطراب  
الدكتور جمال الحامد ٨:٤٥-٨:٢٠

تشخيص الاضطراب و الأمراض المماثلة و المصاحبة  
الدكتور جون فياض ٩:١٥-٨:٤٥

أسباب اضطراب فرط النشاط  
الدكتورة فاطمة الحيدر ٩:٤٥-٩:١٥

٩:٤٥-١٠:٠٠ استراحة قهوة

فرط الحركة و تشتت الانتباه

## ACKNOWLEDGEMENTS

The Organizing Committee acknowledges the assistance and support of this Symposium by the staff of the Department of Neurosciences, Academic and Training Affairs, Photographics, Audiovisual Services, Print Shop, Transportation, Media Affairs, Public Relations, Safety, Security and Communications, Environmental Services, Housing, Utilities and Maintenance, Manpower Services and Materials Management.

Thank you to all for your continued support of our educational activities.

## CERTIFICATE OF ATTENDANCE

Certificates of Attendance will be available on the final day of the symposium ONLY. Please collect your certificate from the Symposium Registration Desk before you leave, as they will NOT be available after the symposium is over.

## SMOKING POLICY

King Faisal Specialist Hospital and Research Centre recognizes the negative implications of smoking. Therefore, our policy is "NO SMOKING" in the Auditoriums, the Exhibition and Registration Areas, Dining Hall or Restrooms. Thank you for your cooperation.

## INFORMATION ON CMEs

This Symposium is accredited by the American Academy of Continuing Medical Education (AACME) and the Saudi Council For Health Specialties (SCHS).

## REGIONAL SPEAKERS

### John Fayyad, MD

Child & Adolescent Psychiatrist  
Dept. of Psychiatry and Psychology,  
St. George University Hospital  
Faculty of Medicine, Balamand University  
IDRAC (Institute for Development Research and Applied Care)  
Beirut, Lebanon

### Ahmed Al-Ansari, MD

Director of Psychiatry Hospital,  
Bahrain

### Professor Fathi Al Zayat

Head of Learning Disabilities Section,  
Arabian Gulf University,  
Bahrain

### Hakam Khair, MD

Director of Psychiatric Services,  
Shelfah Center for Special Needs Patients,  
Qatar

### Marwan Al-Sharbati, MD

Department of Behavioral Medicine,  
College of Medicine, Sultan Qaboos University,  
Sultanate of Oman

## البرنامج العربي

الثلاثاء ٢٤ شوال ١٤٢٥

### الجلسة الثانية

رئيس الجلسة  
د. أحمد الرميان د. محمد العوفي

١٠:٣٠ - ١١:٠٠ التشخيص التربوي  
الدكتور فتحى الزيات

١١:٣٠ - ١١:٠٠ مبادئ العلاج  
الدكتور عمر المديفر

١١:٠٠ - ١٢:٠٠ الحفل الإفتتاحي

١٢:٠٠ - ١٣:٠٠ استراحة غداء و صلاة

فرط الحركة و تشتت الانتباه

# البرنامج العربي

الثلاثاء ٢٤ شوال ١٤٤٥

## الجلسة الثالثة

١٣:٠٠ - ١٥:١٠ ورشة عمل للأهل  
الدكتورة سحر الحشرمي

١٥:١٠ - ١٥:٣٠ استراحة غداء و صلاة

٨  
٣٠٠٠  
٢  
٥/٣٤  
٢  
شوال ١٤٢٥  
٣١  
٥

## NATIONAL SPEAKERS

**Ebrahim Abu-Nayyan, PhD**  
Section of Special Education  
College of Education  
King Saud University

**Fath Abdul Rahim, MD,FRCP**  
Consultant Psychiatrist  
Dept. of Neurosciences, KFSHRC

**Alsayed Ali, PhD**  
Section of Special Education  
College of Education  
King Saud University

**Heba Atyah, PhD, CCC-SLP**  
Speech Pathologist  
Dept. of Speech Pathology,  
KFSHRC-Jeddah

**Nehal Erfan, MD**  
Consultant Child Psychiatrist  
Dept. of Psychiatry  
Erfan & Baggedo Hospital  
Jeddah

**Generoso G. Gascon, MD**  
Director, Pediatric Neurology  
Dept. of Neurosciences  
KFSHRC—Jeddah

**Jamal Al Hamed, MD**  
Dept. of Family Health,  
Eastern Province Directorate  
of Health Services,  
Ministry of Health

**Ahmad Hassan, PhD**  
Clinical Neuro-Psychologist,  
Dept. of Neurosciences, KFSHRC

**Fatimah Al Hayder, MD**  
Associate Professor  
Dept. of Psychiatry  
King Saud University Hospital

**Mohammed Jan, MD**  
Consultant  
Pediatric Neurologist  
Dept. of Neurosciences  
KFSHRC-Jeddah

**Sahar Al Khashrami, PhD**  
Section of Special Education  
College of Education  
King Saud University

**Omar Al Modayfer, MD**  
Head, Dept. of Psychiatry  
King Fahad National Guard  
Hospital

**Michael Nester, PhD**  
Clinical Neuro-Psychologist  
Dept. of Neurosciences, KFSHRC

**Mona Al Shaghaa**  
Deputy Director  
ADHD Support Group, KFSHRC

**Saleh Al Salehy, MD**  
Consultant  
Developmental Pediatrics  
Director, Children's Hospital  
King Fahad Medical City, Riyadh

## ORGANIZING COMMITTEE MEMBERS

**Soad Al Yamani, MD\***

(Committee Chair)  
Head,  
Section of Pediatric Neurology  
Dept. of Neurosciences

**Omar Dabbagh, MD, FAAP\***

Consultant Pediatric  
Neurologist  
Dept. of Neurosciences

**Hisham Al Dhalaan, MD\***

Consultant Pediatric  
Neurologist  
Dept. of Neurosciences

**Mohammad Aldosari\*  
MD, ABP, ABPN**

Consultant Pediatric  
Neurologist  
Dept. of Neurosciences

**Naser Al Mousah, PhD**

Director,  
General Council for  
Special Education  
Ministry of Education

**Ebrahim Abu Nayan, MD**

College for Special Education  
King Saud University

**Michael Nester, MD\***

Consultant Neuropsychologist  
Dept. of Neurosciences

**Fath Abdul Raheem, MD, FRCP\***

Consultant Psychiatrist  
Dept. of Neurosciences

**Pamela Page\***

Conference Coordinator  
Academic & Training Affairs

**Jeremy Varnham\***

Conference Secretary  
Dept. of Neurosciences

**Jennifer Perry\***

Conference Secretary  
Academic & Training Affairs

\*King Faisal Specialist Hospital & Research Centre

## البرنامج العربي

الأربعاء ٢٥ شوال ١٤٢٥

٧:٣٠ - ٨:٠٠  
تسجيل

### الجلسة الرابعة

رئيس الجلسة  
د. عبد الله الصبي د. عبد العزيز الصمان

٨:٠٠ - ٨:٤٠ الاضطراب عند المراهقين و الراشدين  
الدكتور حكيم خير

٨:٤٠ - ٩:١٥ استراتيجيات أسرية  
الدكتورة سحر الخنثرمي

٩:١٥ - ٩:٥٠ استراتيجيات تربية  
الدكتور السيد علي

٩:٥٠ - ١٠:١٥ أسئلة و أجوبة

١٠:٣٠ - ١٠:١٥ استراحة قهوة

فرط الحركة و تشتت الانتباه

# البرنامج العربي

الأربعاء ٢٥ شوال ١٤٢٥

## الجلسة الخامسة

١٠:٣٠-١٢:١٥ ورشة عمل للأطباء  
الدكتور عمر المديفر

١٢:١٥-١٣:١٥ استراحة غداء و صلاة

٧  
٣٠٠٣  
٢٠٠٤  
٢٠١٥  
٢٠١٦  
٢٠١٧  
٢٠١٨  
٢٠١٩  
٢٠٢٠  
٢٠٢١  
٢٠٢٢  
٢٠٢٣  
٢٠٢٤  
٢٠٢٥  
٢٠٢٦  
٢٠٢٧  
٢٠٢٨  
٢٠٢٩  
٢٠٣٠

## SCIENTIFIC COMMITTEE MEMBERS

**Mohammed Aldosari\***  
MD, ABP, ABPN  
(Committee Chair)  
Consultant Pediatric Neurologist  
Dept. of Neurosciences

**Heba Atyah PhD, CCC-SLP**  
Speech Pathologist  
Dept. of Speech Pathology,  
KFSHRC-Jeddah

**Generoso G. Gascon, MD**  
Director, Pediatric Neurology  
Dept. of Neurosciences,  
KFSHRC-Jeddah

**Ahmad Hassan, MD\***  
Consultant Psychologist  
Dept. of Neurosciences

**Fatimah Al Hayder, MD**  
Associate Professor  
Dept. of Psychiatry  
King Saud University Hospital

**Mohammed Al Muhaizea\***  
MD, ABP, ABPN  
Consultant Pediatric Neurologist  
Dept. of Neurosciences

**Omar Al Modayfer, MD**  
Head, Dept. of Psychiatry  
King Fahad National Guard  
Hospital

**Sahar Al Khashrami, PhD**  
Section of Special Education  
College of Education  
King Saud University

**Mona Al Shaghaa\***  
Deputy Director  
ADHD Support Group  
KFSHRC

\*King Faisal Specialist Hospital & Research Centre

7:30 - 8:00 Registration

**SESSION I E:**

CHAIRPERSONS:

*Dr. Saleh Al Shebel, Dr. Abdullah Al Dowaish*

8:00 - 8:30 **Overview of ADHD**  
*Dr. Ahmed Al-Ansari*

8:30 - 9:00 **ADHD as a Biological Disorder**  
*Dr. Generoso G. Gascon*

9:00 - 9:30 **Psycho-Social Profile of ADHD  
in Saudi Children**  
*Dr. Ahmad Hassan*

9:30 - 9:45 **Q & A**

9:45 - 10:00 **Coffee Break**

## البرنامج العربي

الأربعاء ٢٥ شوال ١٤٢٥

### الجلسة السادسة

١٣:١٥ - ١٧:١٥ ورشة عمل للمعلمين  
الدكتور أحمد الأنصاري

١٥:٣٠ - ١٥:١٥ استراحة غداء و صلاة

٨  
٢٠٠٤/١٢/٢٥ شوال ١٤٢٥ هـ



## ملاحظات NOTES

المؤتمر الأول في الشرق الأوسط حول اضطراب فرط الحركة وتشتت الانتباه  
٧ - ٨ ديسمبر ٢٠٠٤م / ٢٤ - ٢٥ شوال ١٤٢٥هـ

### SESSION II E:

CHAIRPERSONS:

*Dr. Saad Al-Shahwan, Dr. Yousef Al-Semaan*

- 10:00 - 10:30** **Diagnosis and Differential Diagnosis of ADHD**  
*Dr. John Fayyad*
- 10:30 - 11:00** **Clinical Screening Tools**  
*Dr. Michael Nester*
- 11:00 - 12:00** **Holy Quran and Opening Ceremony**
- 12:00 - 13:00** **Prayer and Lunch**

**SESSION III E:**

CHAIRPERSONS:

*Dr. Lamia Jad, Dr. Jamal Qurashi*

**13:00 - 13:20** **Multidisciplinary Treatment Model**  
*Dr. Ahmed Al-Ansari*

**13:20 - 13:50** **Pharmacological Therapies**  
*Dr. Omar Al Modayfer*

**13:50 - 14:20** **Non-Pharmacological Therapies**  
*Dr. Ahmad Hassan*

**14:20 - 14:50** **Platform Presentation I**

**ADHD Among Saudi Primary School Children**  
*Dr. Jamal Al-Hamad*

**Social Skills Training for Children with ADHD**  
*Dr. David Mellor*

**14:50 - 15:10** **Q & A**

**15:10 - 15:30** **Prayer and Break**

**15:30 - 17:00** **Expert Round Table Discussions:  
Diagnostic and Treatment Challenges**  
*Dr. Generoso Gascon, Dr. John Fayyad,  
Dr. Fath Abdul Rahim, Dr. Ahmed Al-Ansari*

**ملاحظات**  
**NOTES**

المؤتمر الأول في الشرق الأوسط حول اضطراب فرط الحركة و تشتت الانتباه  
٧ - ٨ ديسمبر ٢٠٠٤م / ٢٤ - ٢٥ شوال ١٤٢٥هـ

فرط الحركة و تشتت الانتباه

# ملاحظات NOTES

المؤتمر الأول في الشرق الأوسط حول اضطراب فرط الحركة و تشتت الانتباه  
٧ - ٨ ديسمبر ٢٠٠٤م / ٢٤ - ٢٥ شوال ١٤٢٥هـ

فرط الحركة و تشتت الانتباه

## SESSION IV E:

CHAIRPERSONS:

*Dr. Waleed Al Tuwajri, Dr. Cheryl Oandasan*

- 8:00 - 8:30** **ADHD Co-Morbidities**  
*Dr. Fatima Al-Hayder*
- 8:30 - 9:05** **Management of ADHD with Co-Morbidities**  
*Dr. John Fayyad*
- 9:05 - 9:30** **Language Difficulties in Children with ADHD**  
*Dr. Heba Atyah*
- 9:30 - 10:00** **Platform Presentation II**
- Comorbidities of ADHD Among Outpatient Children**  
*Dr. Hossin Baghooli*
- Effect of Parent Management Training**  
*Dr. Ahmad Ghanizadeh*
- 10:00 - 10:15** **Q & A**
- 10:15 - 10:30** **Coffee Break**

**SESSION V E:**

CHAIRPERSONS:

*Dr. Abdulaziz Al Rowaished, Dr. Ahmad Al Rumayyan*

- 10:30 - 11:00** Longitudinal Course of ADHD  
*Dr. Mohammed Jan*
- 11:00 - 11:30** Adult ADHD: Challenges  
*Dr. Hakam Khair*
- 11:30 - 12:00** Impact on School, Work and Social Life  
*Dr. Marwan Al-Sharbati*
- 12:00 - 12:15** Q & A
- 12:15 - 13:15** Prayer and Lunch

**SESSION VI E:**

CHAIRPERSONS:

*Dr. Hoda Kattan, Dr. Rashed Al-Abdulkareem*

- 13:15 - 13:45** Public Health Burden of ADHD  
*Dr. Nihal Erfan*
- 13:45 - 14:05** Challenges in Saudi Arabia: Parents' Perspective  
*Mrs. Mona Al-Shaghaa*
- 14:05 - 14:30** Challenges in Saudi Arabia: Educators' Perspective  
*Dr. Ebrahim Abu Nayyan*
- 14:30 - 15:00** Platform Presentation III  
  
Linguistic Disabilities in Children with ADHD  
*Dr. Nahla A. Rifae*  
  
Teachers Awareness about ADHD  
*Dr. Marwan Al Sharbati*
- 15:00 - 15:15** Q & A
- 15:15 - 15:30** Prayer and Break
- 15:30 - 16:30** Recommendations and Symposium Closing Comments:  
*Dr. Nasr Al-Mousah, Dr. Soad Al-Yamani, Dr. Rashed Al-Abdul Kareem, Dr. Ebrahim Abu Nayyan*